



CREATING TOMORROW'S LEADERS...

...ONE BLACK BELT AT A TIME!

Notes to Parents:

1. We suggest that you set a schedule of at least two classes per week. The student should attend often enough to retain the information and progress smoothly.
2. If a student is in ill health, he or she should not attend class. If he or she is injured, please let the instructor know before class begins to take the appropriate measures.
3. Please inform the instructor of any special characteristics or temporary circumstances that may interfere with your child's learning process.
4. Each student is expected to maintain a clean, pressed uniform. It does not have to be freshly laundered for each class, but should look fresh and clean at all times.
5. If a student is in need of a quick snack before coming to class, please avoid snacks containing refined sugar. Fruit juices and nuts are quick and nutritious choices.
6. Practice courteous and respectful responses outside the Taekwondo school, at home, at school, and in public. For example, as student should be encouraged to use "Sir" and "Ma'am" at appropriate times.
7. Give strong emotional support to your child. Ask what he or she learned at class, praise effort (not ability), and watch his or her progress from time to time. It is not necessary that parents attend class, but is highly recommended as a way to stay active in your child's success. By attending classes you will be knowledgeable about the events taking place as well as be able to track your child's progress. When watching classes please display courtesy for the class in session by keeping noise to a minimum and speaking with your child after class is finished.
8. Remind your child when it is time to get ready for class; and help him or her prepare. (The instructor will not let the student use parents as an excuse for not being organized, so help organize him or her.) If the student cringes at coming simply say that he or she does not have to participate. Put the uniform in the car and bring it to "watch". Once at the school the attitude will likely change. It is important that you use this opportunity to teach your child to honor commitments—not to "quit".
9. If you have questions concerning the methods or materials in the lesson, please make an appointment to speak with the instructor. The instructors have specific goals for all classes and for each child. Because you know your child, you are encouraged to be an active participant in the goal-setting process. The instructors are interested in your child's progress, and that progress is best accomplished when the parents are an active part of the "team".