

Casey's ATA Karate for Kids Goal Sheet

Clean Room	S	M	T	W	T	F	S	S	M	T	W	T	F	S
Make Bed														
Hang Up My Clothes														
Put Away All Personal Belongings														

Self Care	S	M	T	W	T	F	S	S	M	T	W	T	F	S
Brush My Teeth (AM/PM) Put Away Toothbrush														
Take My Bath (Hang Towel and Washcloth)														
Put All Dirty Clothes in Laundry														
Lay Out School Clothes														

School	S	M	T	W	T	F	S	S	M	T	W	T	F	S
Complete Homework														
Did I work Hard and Take Pride in my lessons														
Did I treat my classmates and Teachers with Respect														

Family	S	M	T	W	T	F	S	S	M	T	W	T	F	S
Pick up my personal Belongings														
Clean up After Meal and Snacks														
Did I Treat my Family with Love and Respect?														

Complete all for one week and receive a star!